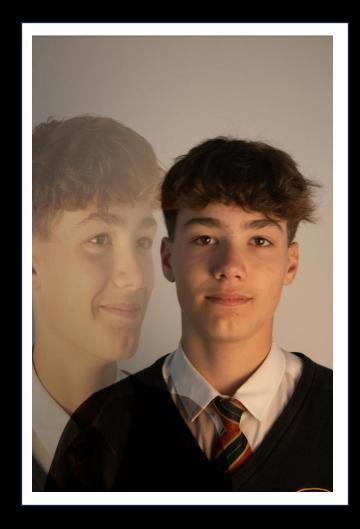
# Photography controlled coursework

Year 10 Joey Pascoe

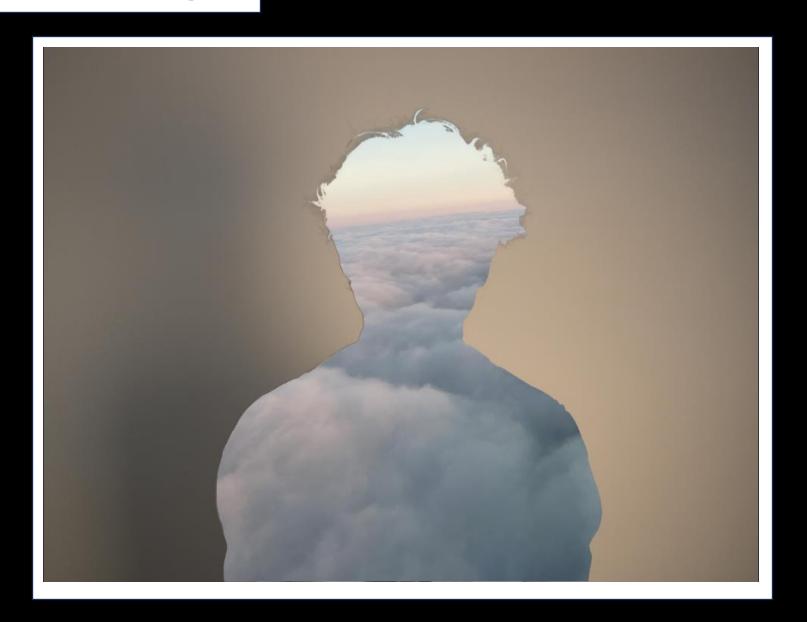
# Double exposure



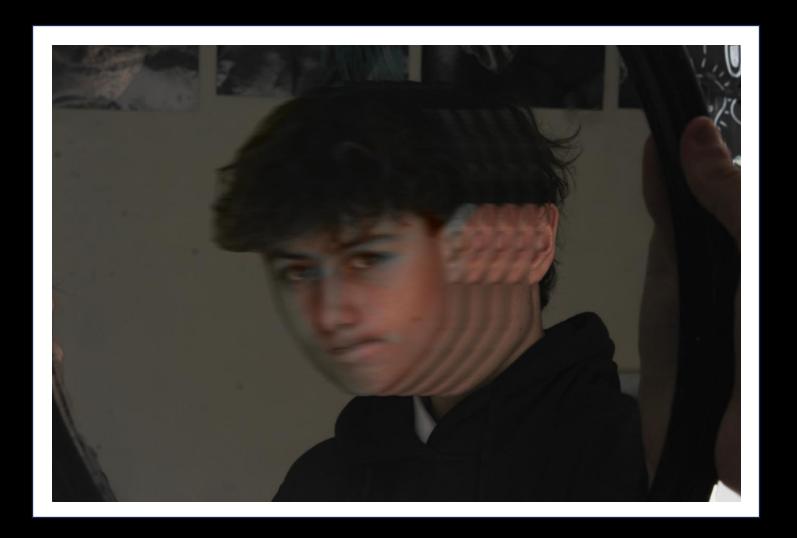




## Cutting through



## Copy and paste face



### Gradient adding







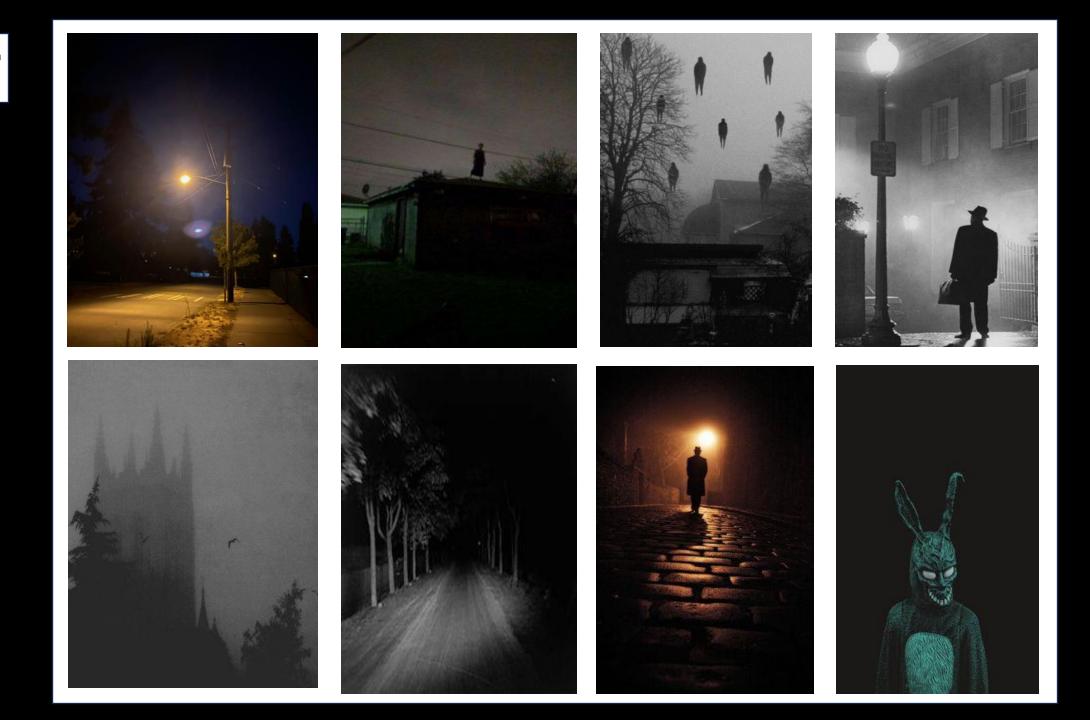
# transforming



#### Fear, home and narrative and story telling

For this project I have decided to use fear, home and narrative and storytelling as my starting points. I have chosen these words as I think that doing a project on fear could be really cool. I have been inspired to do this from a plethora of certain shots from horror films that have become iconic in film history, but there are certain shots that have inspired me the most. One shot from Texas chainsaw massacre has become one of the most recognisable scenes in horror film history, which is the one called the shorts scene where the closer she gets to the house the more it takes up of the shot making for some nice visual storytelling. I have chosen the word 'home' as I feel I can use this to make the photos much scarier, this Is because people feel most safe In their own home but if you take that away it becomes much scary. For my last word I have chosen narrative and storytelling as making a story out of just photographs will be something that I think I can do quite well.

# Fear



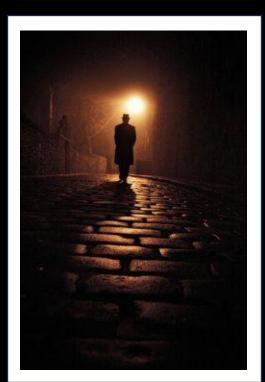
#### Photoshoot 2

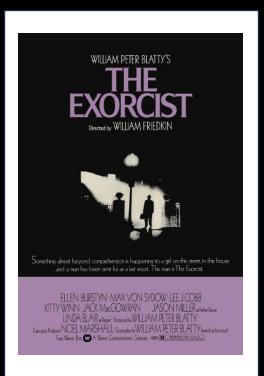
For my first photoshoot I had a really cool Idea that uses shadows. For this idea I will be sitting down on my floor as if I were watching a movie with a bowl of popcorn, but using the shadows from my light there will be the shadow of someone holding a knife In the background. To achieve this goal, I will be using some stand up lights that I have to create the shadow that will be going on my wall. It will also have to be nighttime for me to take the photos as it will make the photos even spookier. I will be using one of my family to hold the knife near the shadow and for someone to take lthe photo.

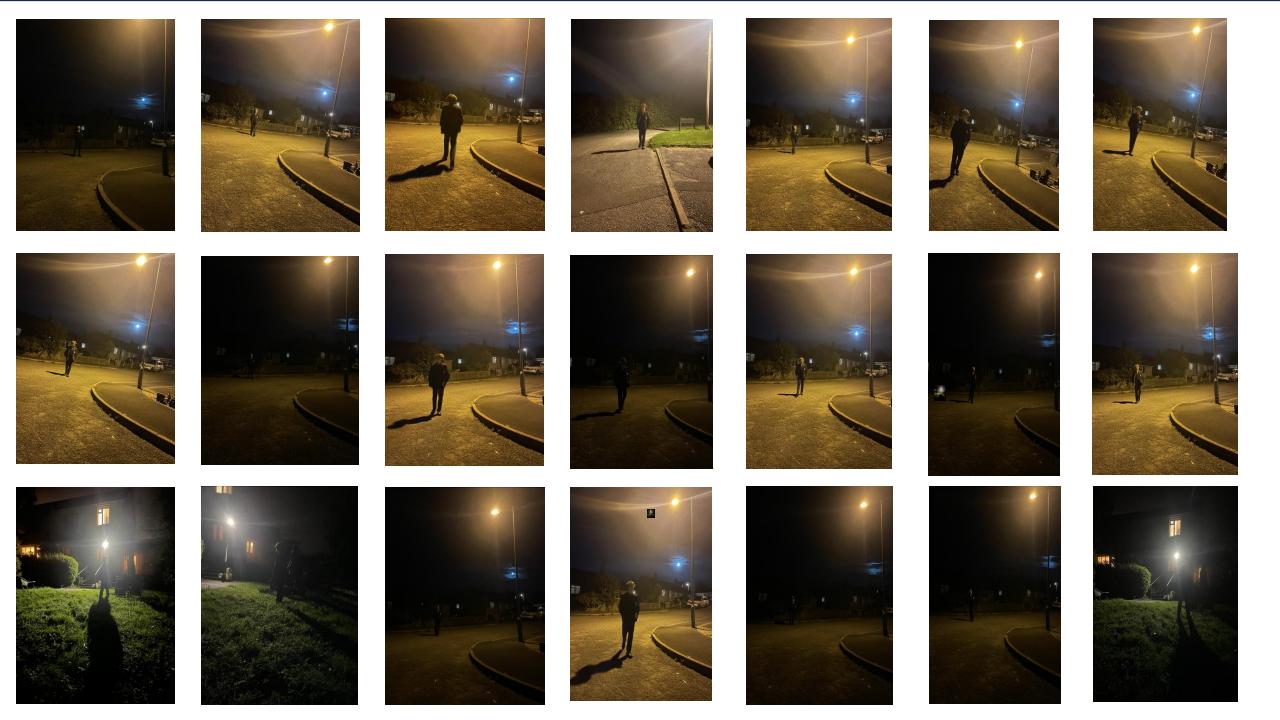
#### The exorcist

The exorcist is a horror film that came out in 1973 that influenced horror films to be like how they are today. I chose this film as the posters that came out are regarded to be some of the best in film history, and they also look really cool. I think I could definitely re create this poster to the best of my ability. The poster is really well made due to the light shining in from the window of the possessed girl's room makes it a bone chilling poster. For this I'm going to be taking photos at nighttime and near a light post to get the same effect







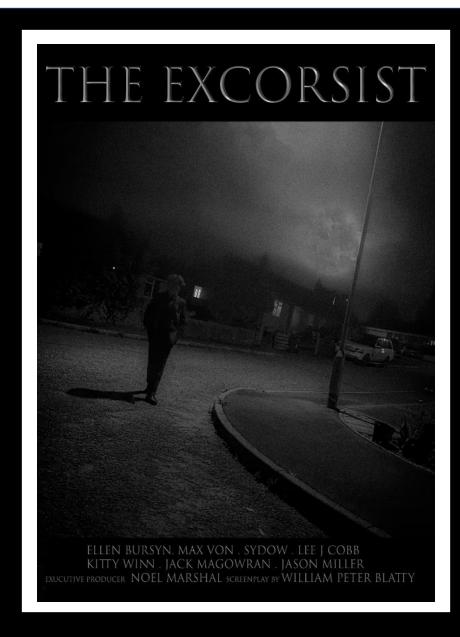


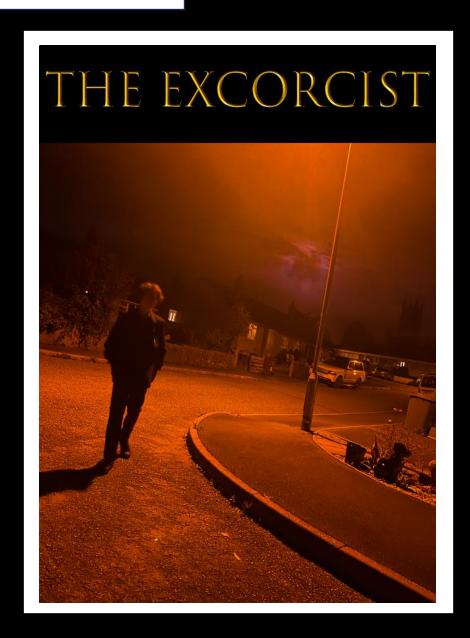






#### My finished exorcist editing





#### THE EXCORCIST



SCARIEST FILM IN YEARS

#### THE EXCORCIST



SCARIEST FILM IN YEARS

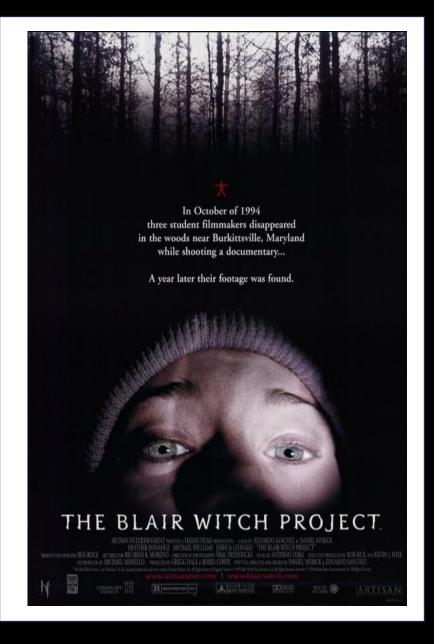
#### My September grade

Today I got my grade back and I am very happy with what I got. I got a 3.3 which is good, but I lfeel I can do better. I could of took some more photos and done Imore annotation so I will be taking this information to heart land use this to overcome and |become a better photographer. Next time I will be aiming for at least a grade 4 or higher if I lcan achieve this.

| GCSE<br>Assessi<br>Sheet f   |  | 22/23  | Cur  |  | ame: Jose<br>rade: <sup>3.3</sup>   | eph P                         | ascoe   |  |
|--|--|--|--|--|---|-------------------------------|---|--|
| Project T<br>outline o   |  | Co   | ursewor  | k  |   |                               |   |  |
| Assessme   | ent Gric   | Teacher to   | highlight and  | date were :  | student sits on ass   | sessmer                       | nt grid.  |  |
| LEVEL 1  | Ideas are undefined contextual sources, wi investigation of the contextual sources are contextual sources.   | DEVELOP  with limited reference to  ith evidence of superficial  tigation.  d crisical understanding of              | AO2: REI<br>Superficial refinement with a<br>media, materials, techniqu<br>Limited evidence of the expli<br>develops                         | limited selection of<br>as and processes.            | A08: RECORD<br>Superficial recording of ideas, c<br>and insights showing minimal link   | observations as to intention. | AO4s PRESENT A personal response with an undefine realisation of intentions. Understanding of visual language, appliformal elements are limited and superfit  |  |
| 2  | relevant investigation.  |  | refevant media, materials, techniques and processes.   |  | Basic recording of ideas, observations and insights showing undeveloped links to intention.  Basic ability to reflect on work and progress.   |                               | A personal response with basic realisation of intentions.  Understanding of visual language, sopilations are presented in the part of the |  |
| 3-4  | Ideas are developed in<br>to appropriate con-<br>evidence of info<br>Demonstrates compet<br>of si  | with competent reference<br>intextual sources, with<br>rmed investigation,<br>tent critical understanding<br>ources. | Informed refinen appropria and relevant sei media, materials, techniqu Competent evidence of the   | te: action of as and processes. exploration of work. | Informed necording of ideas, observations showing relevant links to in Competent ability to reflect or progress.  | and insights<br>dention.      | A personal response with competer<br>realisation of intentions.  Understanding of visual language, appli<br>formal elements, is competent.  | you and the same of the same o |
| 5  | Ideas are developed with well- informed<br>reference to contestual sources, with evidence<br>of effective investigation.<br>Demonstrates well-informed<br>critical understanding of sources.<br>Ideas are developed with detailed reference to |  | techniques and processes.  Well-considered evidence of the exploration of work as it develops.   |  | Well-considered recording of ideas,<br>observations and insights showing well-<br>informed links to intention.  Well-informed ability to reflect on work and<br>progress.  Confident recording of ideas, observations and |                               | A personal response with well-inform<br>realisation of intentions.  Understanding of visual language, appl<br>formal elements, is well-informed ar-<br>effective.  A personal response with confident   | $\mathcal{N}_{\mathcal{O}}$  |
| 7-8  | contextual sources, with evidence of confident investigation.  |  | fully-developed selection of media, materials,<br>techniques and processes.  In-depth evidence of the exploration of work as<br>it develops. |  | insights showing fully-developed links to intention.  |                               | realisation of intentions. Understanding of visual language, appliformal elements is confident and full developed.  |  |
| 9  | reference to contextual sources, with evidence of perceptive investigation.  |  | perceptive selection of media, materials, techniques and processes.  Excellent evidence of the exploration of work as it develops.           |  | insights showing sophisticated links to<br>intention.   |                               | realisation of intentions. Understanding of visual language, appliformal elements, is perceptive and sophisticated.   | yng W  |
| Writter  | n feed   | back-  | to be d  | ated   | by the t  | eacl                          | her   |  |
| Sep-Oct Solid start Joe, ju images on your restart to add artist responses. I can have great ideas to include your p Use my pinterest build up visual id your artists, also workshops to bui and photoshoots you going and ac to your sketchbo | ust include mindmap and is and see you but be sure hotoshoots. It boards to leas and find Use my ild up artists just to get dd more work   | Nov-   | Dec  | Ja   | an-Feb  | ,                             | April/May   | June/July  |
| Students Next Steps  |  | Students Next Steps  |  | Students Next Steps                                  |   | Students Next Steps           |   | Students Next Steps  |
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#### The Blair witch project

The Blair witch project is a horror film that came out in 1999 which Is wildly regarded as one of the scariest movies ever made. What makes this so scary is that it was the first found footage horror film which made people believe that it was a real event. The film is primary filmed in the woods which is why its so scary. For this artist. I have come up with a plan for an epic photoshoot. For starters I will have to venture into the woods whilst it Is cloudy. I then will be taking some pictures of me with a beanie on to re create the woman on the front and with a little bit of photoshop magic I can make this look cool



#### The Blair witch: mock up

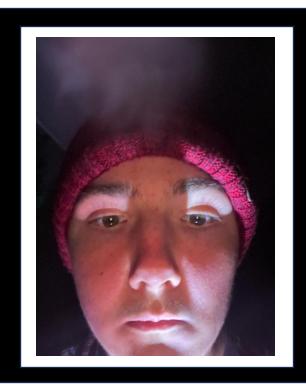
This Is my mock-up for the Blair witch project experiment I have done, and I think it looks pretty accurate. I will take some more photos next lesson for my final design



### The Blair witch project: photoshoot



#### The Blair witch project: photoshoot





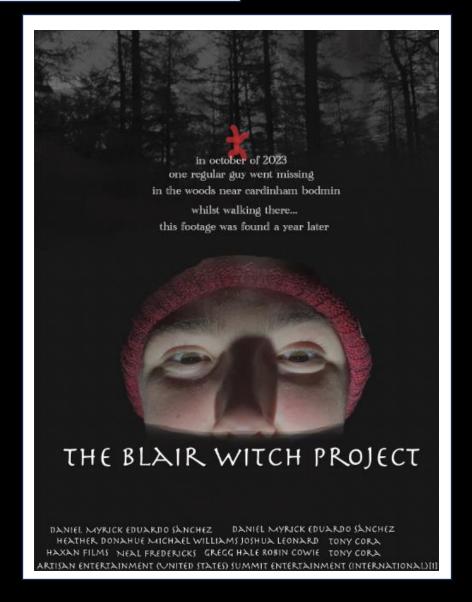


I have finished the Blair witch photoshoot where I used the flashlight

To do the photos. I will only be using my face from these photos as the background doesn't matter

#### The Blair witch project: final design

This Is my final design for the Blair witch, combining everything I have learned so far combining my photoshoot and my previous mock up. Overall, I think this looks absolutely awesome sauce.



#### The shining: mock up

This Is my mock-up for my shining project for my shining project I played around with the black and white feature. Bear in mind, this only a practice

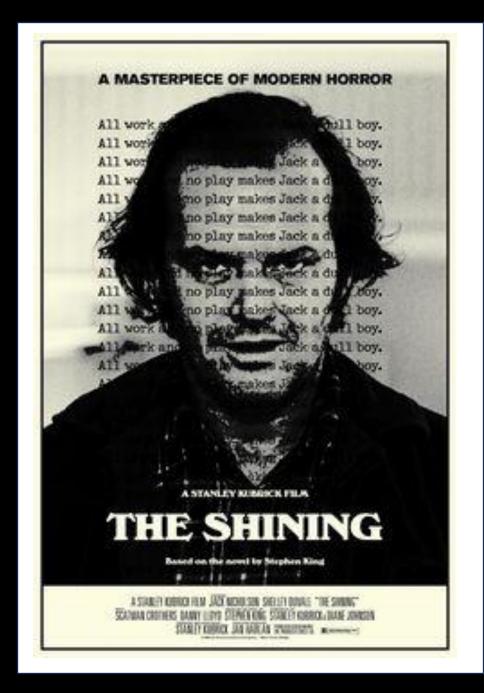
#### A MASTERPIECE IS MODERN HORROR

all work and no play makes joey a dull boy all work and no play makes joey a dull boy all work and no play makes joey a dull boy all work and no play makes joey a dull boy all work and no play makes joey a dull boy all work and no play makes joey a dull boy all work and no play makes joey a dull boy all work and no play makes joey a dull boy all work and no play makes joey a dull boy all work and no play makes joey a dull boy all work and no play makes joey a dull boy all work and no play makes joey a dull boy all work and no play makes joey a dull boy all work and no play makes joey a dull boy all work and no play makes joey a dull boy all work and no play makes joey a dull boy all work and no play makes joey a dull boy all work and no play makes joey a dull boy all work and no play makes joey a dull boy

#### THE SHINING

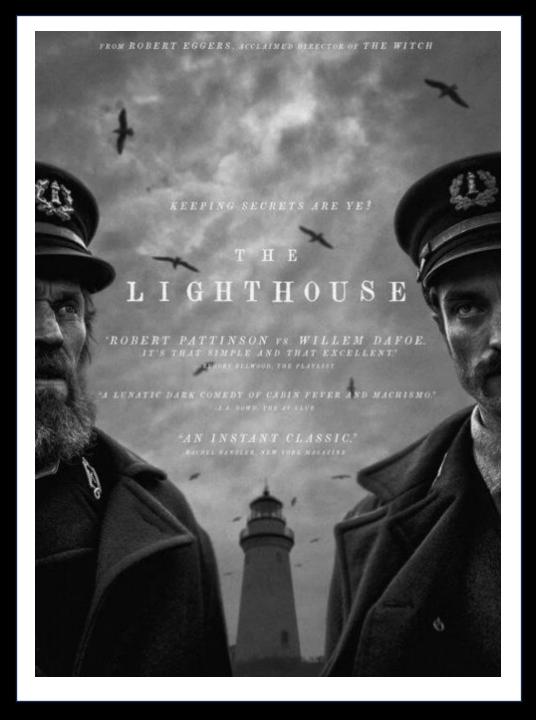
#### The shining

The shining is a film that came out in the 1980s that revolutionised the horror genre. I have included this poster as I feel as though I could recreate this poster and put my own little twist on it. The poster Includes a tiny spoiler for the movie due to the writing over jack's head, but I think It makes a really cool effect. To do this I will be taking a plethora of photos of me posing like jack trying to imitate the image as best I can. I will then go into photoshop and convert it into black and white and then use the method that Shirin Nashat used to put the writing over my head and then I will. Include the borders and the writing at the bottom to finally finish this off. To accomplish this feat, I will also be taking these photos at home so that I have more time to take the photos.



#### The lighthouse

The lighthouse is an indie horror film which was made in 2019 that I think has some really cool posters. To re create this poster I will need to venture off to find a lighthouse and take a similar photo of the one in the poster.



#### The shining photoshoot































#### Final design

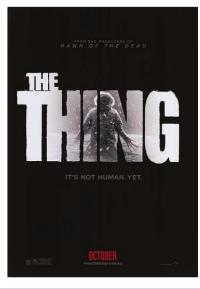
I have come up an epic plan for my final design. What I have been doing is copying movie posters, but I have done the editing and the photoshoots myself, but this time I will do something different. I will be creating my own poster on a movie poster on a film that already exists or making my own poster. To do this I will be researching some of the most well-known horror films or preferably, one I like whilst taking photoshoots and editing it over the course of a few weeks. I will also be gathering up some posters to gather inspiration on what posters are good and ones that are considered bad and taking these details to mind. Overall, I will be putting my photography and photoshop skills to their fullest potential and testing myself to create the best work I can produce.

#### Final design: poster inspiration

I have been researching poster ideas for my own movie and I have selected these few as I think that they look very cool and would fit into what my movie will be about. To do this idea I will be creating a piece of writing and they using the quick selection tool and then erasing the writing revealing my background image. I will be taking some photos in preparation for this task so that It can better suit my movie idea









#### Experiment with filters + gradient



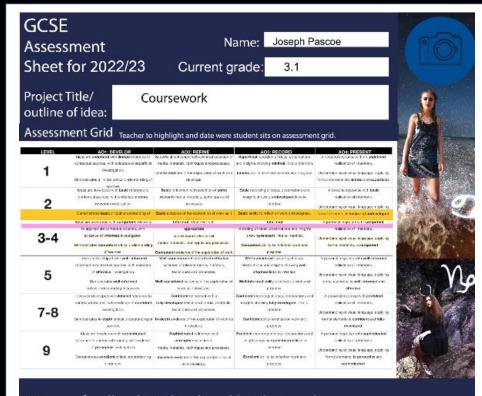
(Original)



# (Mine)

#### My December grade

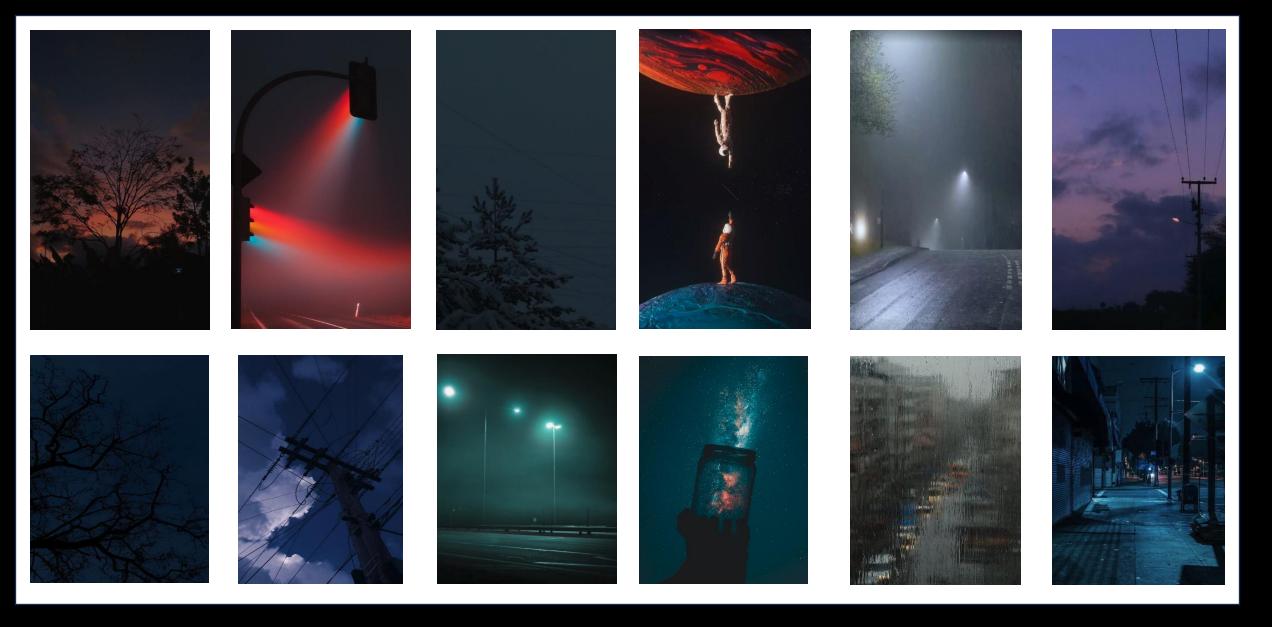
Today I got back my December grade and I'm really happy with the result. Overall, I got a 3.1 which is a whole 2 thirds of an entire grade better than I was 2 months ago. What was said In my grade was to vary with my images and to expand my current ideas.

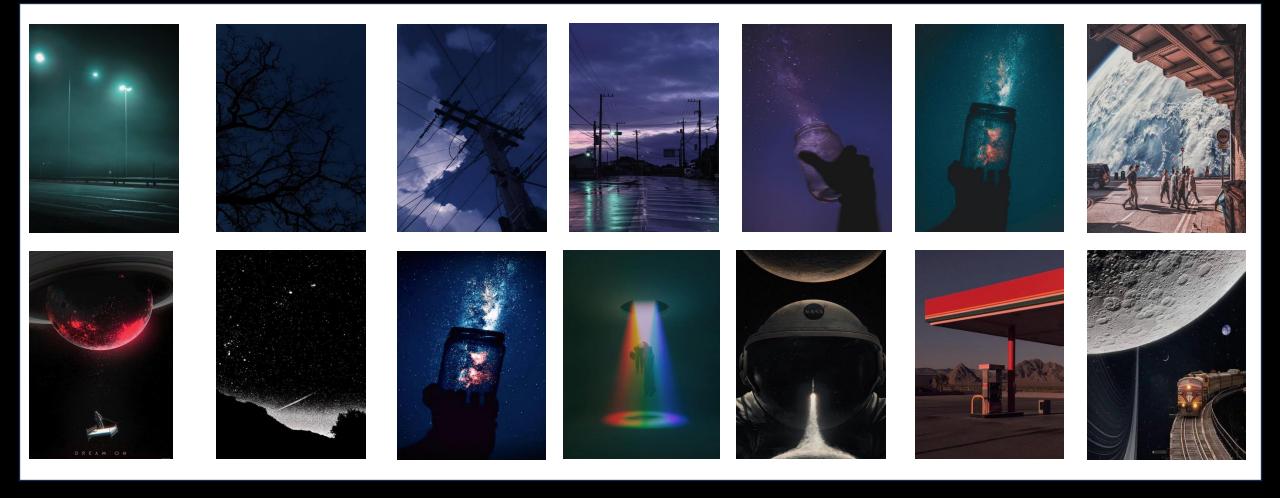


#### Written feedback- to be dated by the teacher

| oce his is a really good effort and papercials your orealty. Inhibing in tams of re-creating mask posters. What probabilishes are given and relate really well to your ideas. In the your imposts to be more varied, using the studie as well and opening the probability of the studie as well and opening the probability of the studies are well and opening the probability of the studies and the studies are studied about lost flessor, and the studies are studied about lost flessor, and the studies are studied about the studies are studied about the studies are studied and the as series of unique poster casigns. In tooking the your despired and photography style in these, not copies of other peoples stokes. |   |  |   |
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|   | appreciate your resides thinking in appreciate growing make posters. Your protesthouts are great and relate restly well to your dess. To like your images to be more verred, using the study of as well are open-freeing with different lighting to create morely, onto images. As choose a part of the Blair which project to respond to with a phonoshood and then a series of unique poster resigner. In looking for your design and photography says in these, not optice of other peoples keas.  Students Next Steps | approaches your pressive thinking in turns of the-anality make posters. Your priciositions are great and relate restly well to your dess. To the your images to be more vened, using the study of the st | approblety your product in hishagin times of increasing mode posters. Your protosthoods are great and relate really well to your deas. For the your images to be more vened, using the dution as well and experimenting with different lighting to create model, dust images. As we solded should be lies which project to respond to with a photost and sent them is series of unique power creating in bothing to your destination and photography office in these, not copied of other posted to learn, not copied of other posted to learn. |

# Mock exam: space

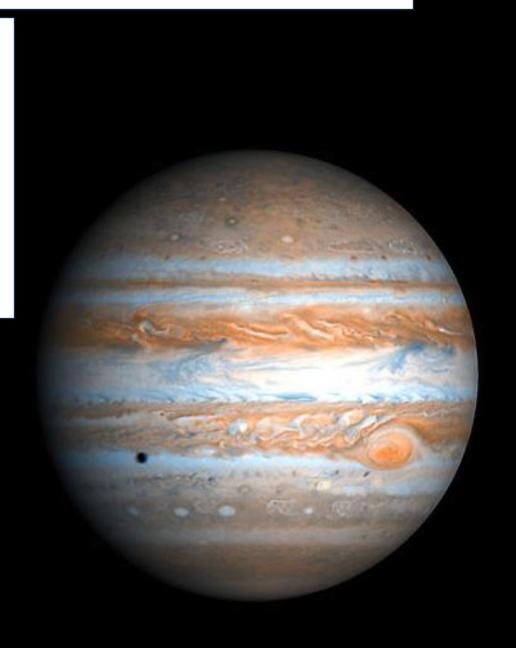


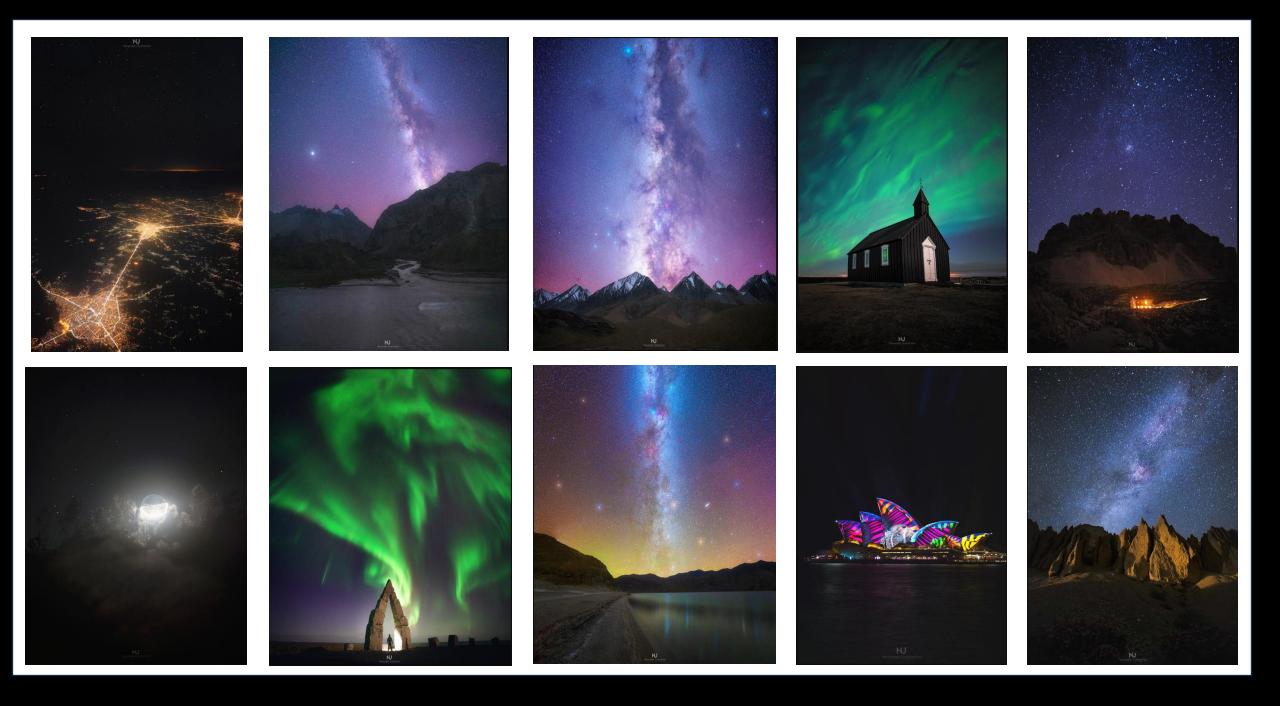




#### Artist research: Navaneeth Unnikrishnan

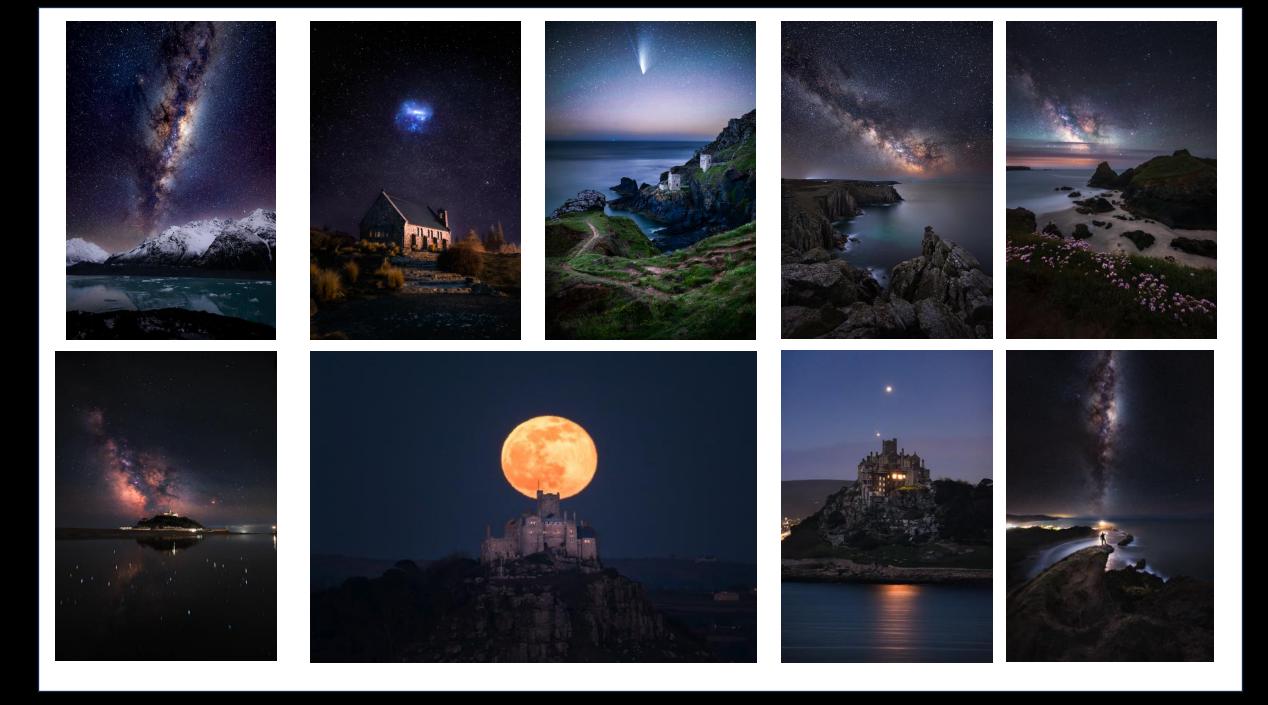
Navaneeth Unnikrishnan is an Astro-Landscape photographer from Kerala. He started photography as a hobby, but it then transpired into his job after he won many awards. His work has been included In many magazines and it has inspired him to become an astro photographer. He is a self-taught photographer learning from experimentation and self studies. Navaneeth excels in his portraits which is something that I will implement into my photos





#### Artist research: Aaron Jenkin

Aaron Jenkin is a professional landscape astrophotographer who is based in Cornwall. He has been capturing the stars and the milky way for a bit over a decade and is well known for his astrophotography. His work has been included in many articles such as BBC and the guardian. Aaron takes pictures on the moors of Cornwall which is something I will be taking into account whilst taking my photos



# Artist research: Alynn Wallace

Alynn Wallace is an astrophotographer who takes some really good photos of the moon and stars. He has travelled to many places and gotten photos using different perspective and lighting to make his Pictures stand out. His idea of light rails are definitely the best aspect of his photography, and I will be using this for inspiration











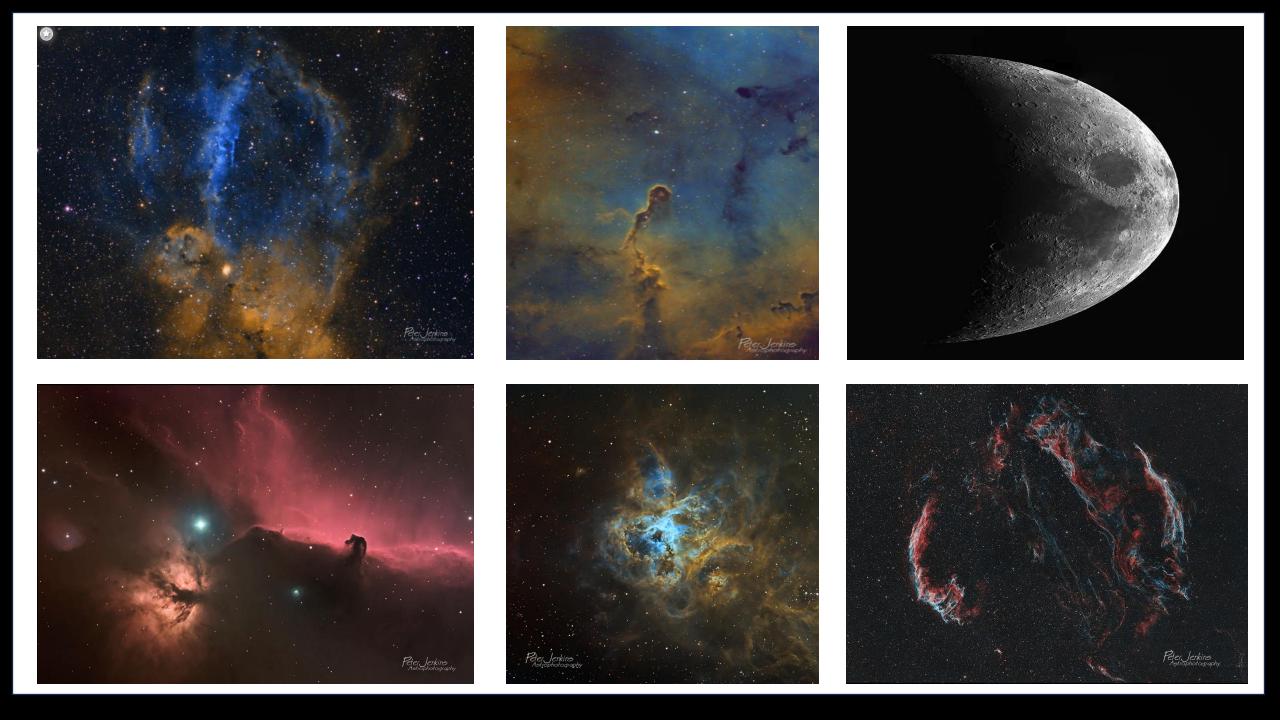




## Artist research: Peter Jenkins

Peter Jenkins is an astro photographer and has been taking pictures of the stars for over ten years. He has taken many photos of the moon and stars and has a good use of colour and shadows. He is a retired IT manger and has taken up photography with all the free time he has. I will be using peters idea and use of colour by implementing it into my own photos.





## Artist research: Baback Tafreshi

Baback Tafreshi is an Iranian American artist who specialises in astrophotography and Is brilliant at visual photography. His work varies built I have picked out his eclipse/light photography. I really like this guy's work, and I will use this to influence my future work

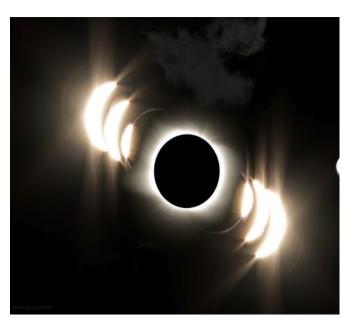


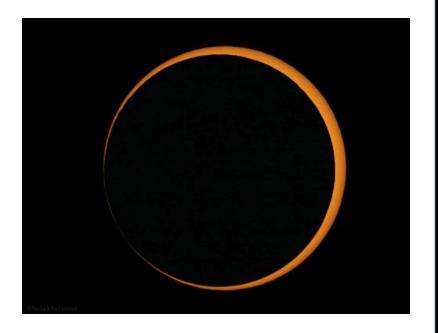






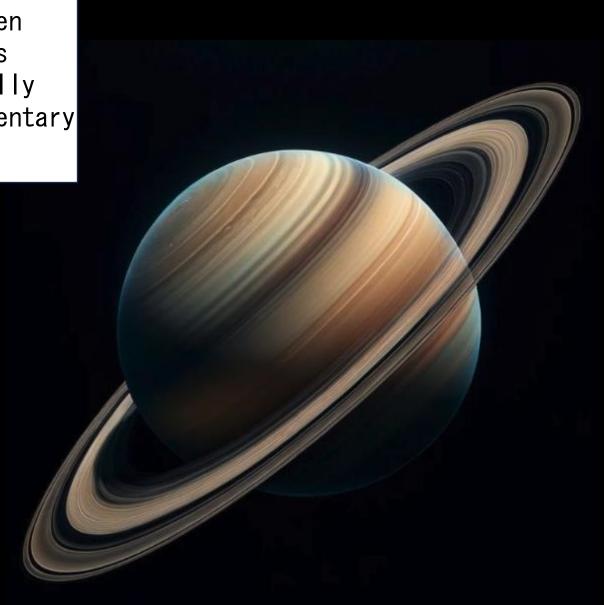


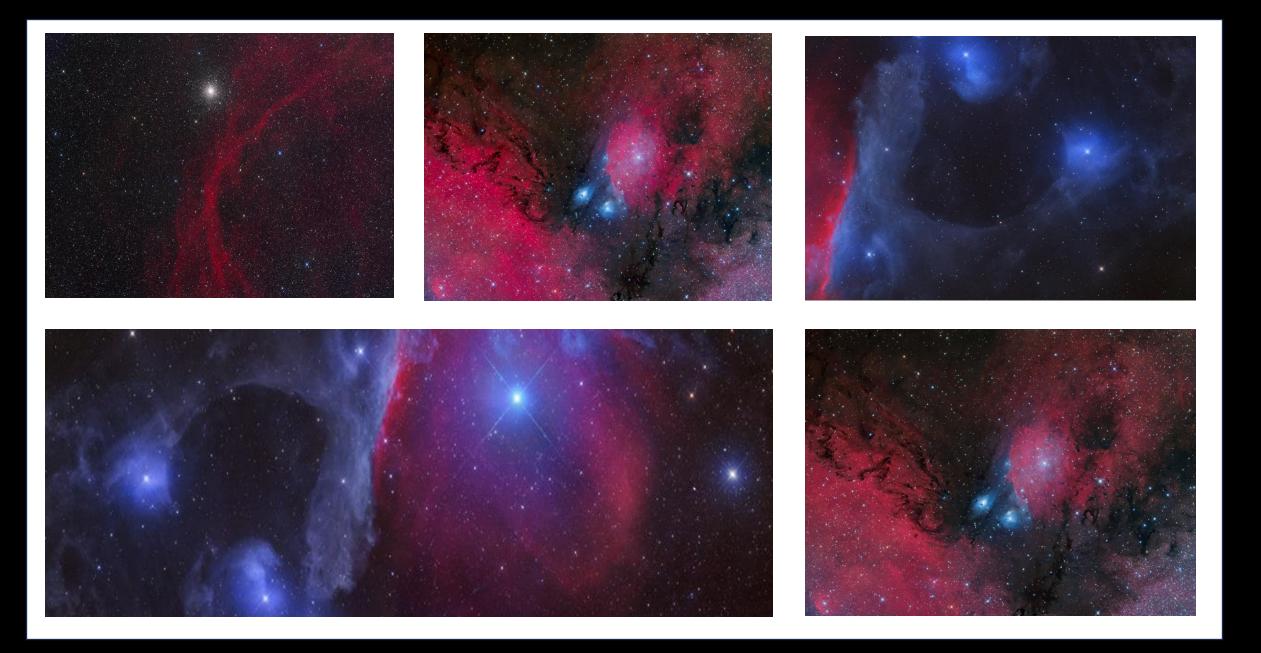




# Artist research: Gerald Rhemann

Gerald rhemann is an astrophotographer who has been taking photos since 1989. He takes photos from his observatory in his garden which captures some really nice photos. I especially like his use of complementary colours as they look really nice.





# Photoshoot 1















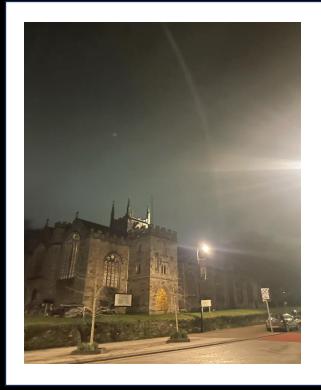






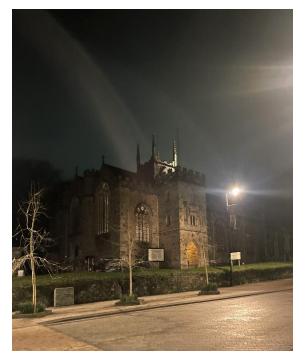






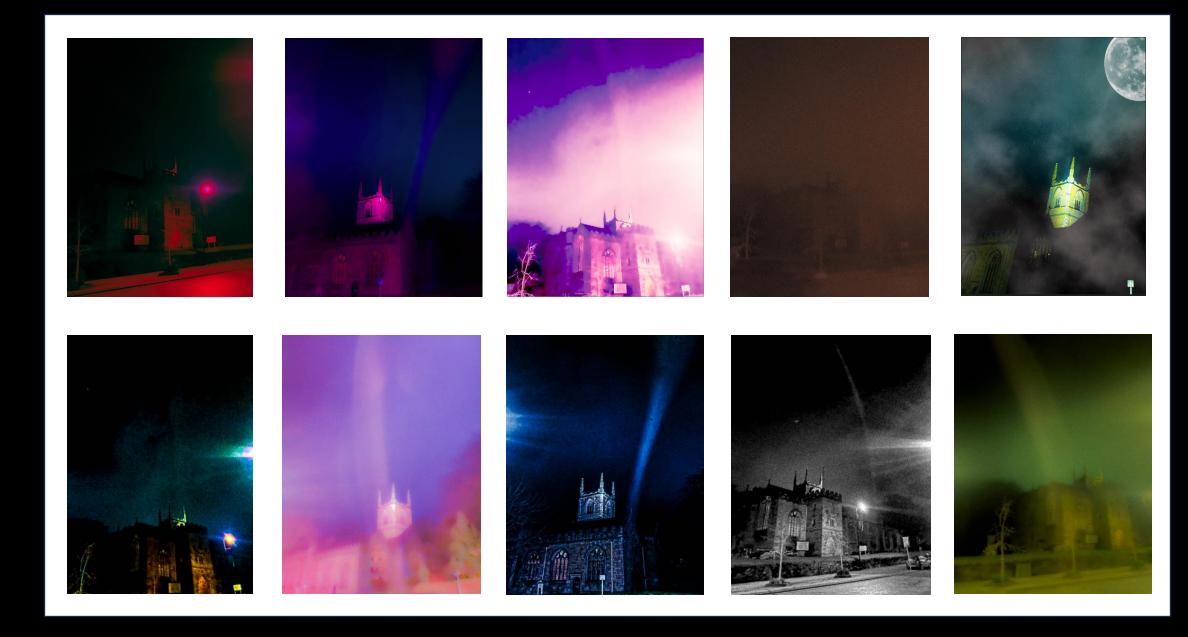






I went to Bodmin the other day specifically for this photoshoot. I was inspired To take these after researching the colourful and wonderful work of peter Jenkins. I will be editing these photos on lightroom to get a nice mix of colour as the headlights react to the change of colour to look like planets. I took pictures from multiple different angles and directions.

For my first experiment and photoshoot I got inspiration from Navaneeth Unnikrishnan and his use of colour in normal everyday photos. So, what I did was take a photoshoot involving a normal everyday building which In this case ended up being a church. What I then did was download these photos through lairdrop and insert them into lightroom and play around with analogues colours and try to create a unique design as if they were all on a different planets.

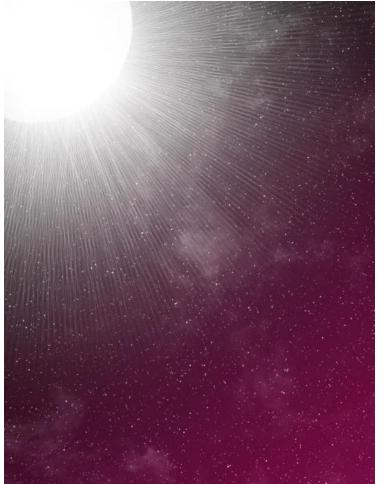


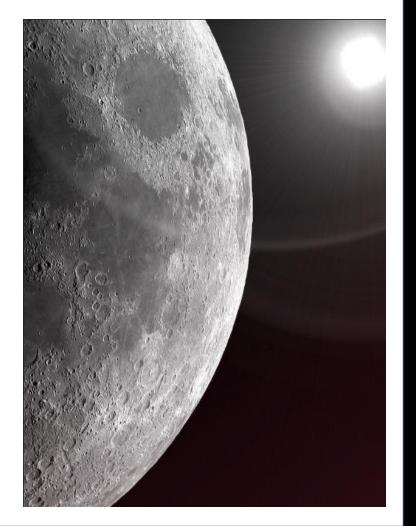
Experiment 2: brushes

For my next experiment I was looking at all of these pictures that artists are taking and lot of them involve the northern lights or a once in a lifetime picture of a planet, so I decided to add some planets of my own. To do this I went to the website brush easy and downloaded loads of different space related brushes, and I got to work. I created this piece after a lot of cycling through brushes and It looked pretty awesome sauce.







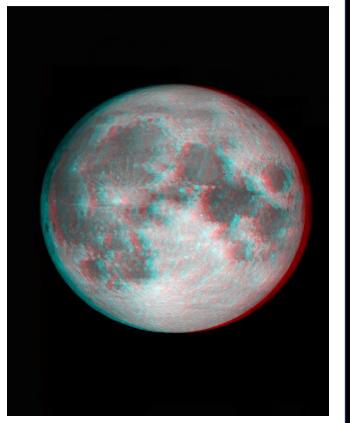


# Experimentation 3: 3D style

For this experiment I looked on the workshop to find some inspiration and I found a 3D experiment and I thought It looked awesome sauce. To start this experiment off I first needed to duplicate my layer and rename the new one "Red". After this I would double click on the "Red" layer to bring up the blending options. After this I would turn off the green and blue options, leaving my picture looking fully red. I then would duplicate the "Red" and rename it "Cyan". After this I would double click the layer and turn off the red option. The final step involves clicking both layers and moving them left and right to give it its distinct look.







# My February grade

Today I got back my February grade, and I am really happy with the grade I got. I got a grade 4.2 which Is a pass so I'm very glad about that. The things I did I would say I did very well I just have to improve a few minor things like more photoshoots and editing my photos before I present them

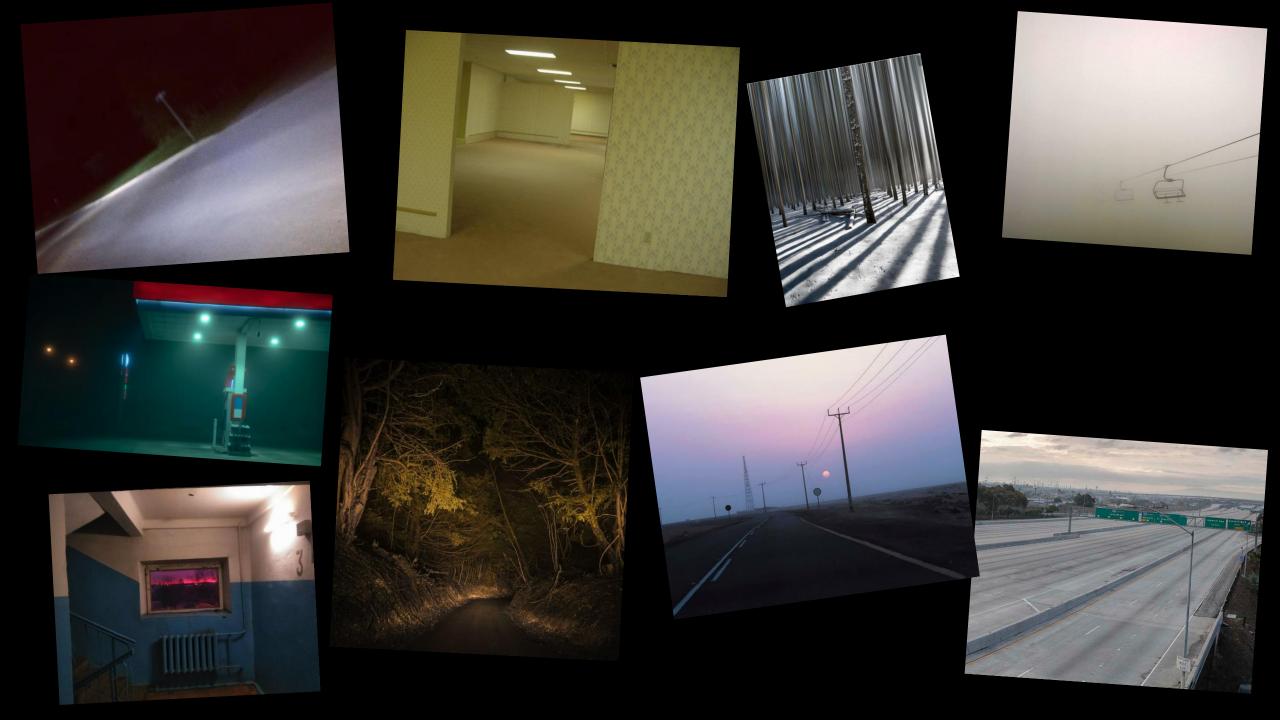


#### Written feedback- to be dated by the teacher

| Sep-Oct  | Nov-Dec  | Jan-reb  | April/May                 | June/July                 |
|--|--|--|---------------------------|---------------------------|
| Solid start Joe, just include images on your mindmap and start to add artists and responses. I can see you have great ideas but be sure to include your photoshoots. Use my pinterest boards to build up visual ideas and find your artists, also Use my workshops to build up artists and photoshoots just to get you going and add more work to your sketchbook. | using the studio as well and<br>experimenting with offerent lighting<br>to create intoody, dark images. As<br>we talked about leaf escon,<br>choose a part of the Blar which<br>project to respond to with a<br>photoshoot and then a series of<br>unique poster designs. I'm looking<br>to we a clear and aborations. | Great start Joey. I like the way you are developing your ideas; Remember to always edil your images in Lightroom before you present them, edit the church photos to increase the contrast and then present sgain. Focus on me photoshoots as your editing skills are veely strong, it's your camera skills we want to improve, borrow a camera if you want to. Kep experimenting with your images and ideas. |                           |                           |
| Students Next Steps  | Students Next Steps  | Students Next Steps  | Students Next Steps       | Students Next Steps       |
| Book check/Half way point  | Book check/Half way point  | Book check/Half way point  | Book check/Half way point | Book check/Half way point |

# Artist research: liminal spaces

Liminal space is an internet term which Is commonly referred to as being an eerie place that looks abandoned and Sereal. Liminal spaces often include pictures of places that would be a regular place, but the photo is taken in such a way to make it seem scary and abandoned. I do really like the concept of liminal space and how people execute what they think of their own liminal spaces. Liminal space can also be referred to as the place you go before the destination, all the little things that you see that are just important enough to remember. I think that I could definitely experiment with the Idea of liminal spaces and the nice thing about this topic Is that no one's work is the same and so I can make my own piece using this idea.



# The journey within

Before I started my photoshoots with liminal spaces, I had thought of a nice theme to base them on. When we are all going somewhere or going through something we all seem to remember the journey and the destination, but we all forget the things that make the journey, "a journey". Liam Kimmons, a liminal space photographer, says "A lot of times when I was taking these images, I was treating it like there was this thing way out in the distance, and you can barely see it. You can barely make it out, but you know it's there, and you know the impression of what it was supposed to be or how it related to the rest of the world." I think this Is a powerful message as you can link this to a journey and how you can see the destination but all the obstacles along the way are blocking your way, making you take a risky shortcut or a scenic path that makes the journey memorable. I will be taking my photoshoot in honour of all the places you go that people seem to forget. The journey within the journey.

## Photoshoot experiment one: dreams

Before I finally start to do my final piece, I need to practice taking photos and videos to link into liminal space as I have never done anything like this before and will need to master this before I take them more seriously. I had this really cool idea to make my liminal space photos look more unique and cooler, and this was to make my photos look like dreams. In your dreams you tend to see things and make up places that don't exist but look real and I think I can do something with this. For these photoshoots and videos, I will be setting my camera appropriately to best suit the are I'm in (foggy, dark, grey etc), and for my videos I will put my camera on manual and the video option. I will be using colours such as a cool blue and cool pink.





































# Edited photos: Liminal space



### Photoshoot 1

The past few slides have included some photos that I have taken related to my idea I had before, and I thought that they had turned out really nice. When I was taking the photos, I was trying to play around with the brightness of the photos to capture a certain aesthetic. I will be editing them to make them look dream like and I want to capture a monotone type look to link to the weather as if it was a bad dream/nightmare but also to make the photos feel familiar as to capture the liminal look

## Photoshoot 2

For my second photoshoot I will be bringing my camera to a field near my house to take photos of the vast open area at two different weather situations (one sunny, one rainy) to see how just the weather can be used to portray mood and feel in a photo to do this I will be taking the same shot in the same place to make it better

#### Man down

Man, down Is a mental health company which focuses epically on men. They work on any male of all ages 18 and over to ensure that they are feeling ok mentally. they formed the company due to men's mental health being neglected and being treated as something that is not real.

# Better help

Better help is a mental health company that was made back in 2013 that was made to get remove the barriers of normal therapy by being completely online. In this day in age, it is the world's largest mental health online service. They have 30,000 trained therapists who are there to help people when they are down.

#### Mind

Mind is a mental health company that's main goal is to never stop giving clients therapy until their clients get respect and support. They state that 1 in 4 people experience mental issues and it Is their goal to help hinder that. They care and are trying to make a difference

# Final piece 1

I have gathered some recent inspiration for an idea that I think look really cool. The idea resolves almost entirely on the concept of liminal space and how it can be portrayed as being an eerie image, but there is a way I can twist that. If I make my text for the photos look nice and write some negative messages, I can turn my old videos and photos into an advert for mental health.





## Final piece mock up





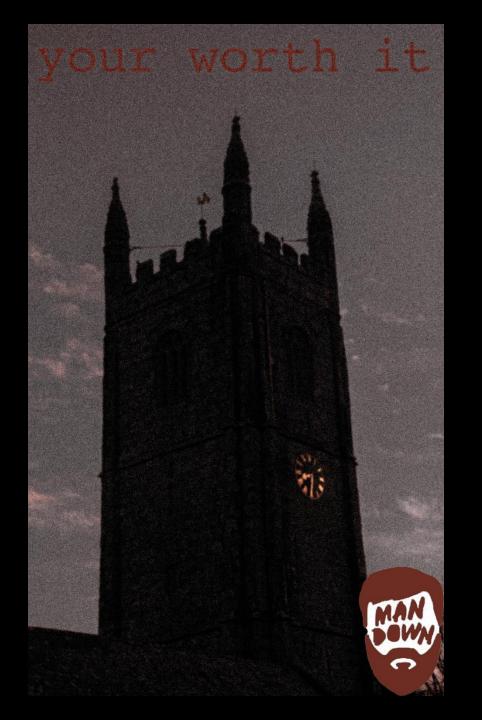
# Final piece 2

For my second final piece I will be creating a short advertisement for mental health. For this I will have to get creative in the way that I shoot films. To make it steady I will be using the DJI mimo to take videos that will stay perfectly still due to its camera system.

# Finished final pieces



For my final piece I have decided to make posters to advertise for mental health. specifically focusing on men's mental health. What I have realized is that people usually take men's mental health as a joke. It is statistically shown that 75% to 80% of suicides are taken by males, and roughly 8 men take their life every day to make this poster what I did was use photos from the photoshoot that I took for preparation to the mock exam and then I added my text, because I wanted it to have grain on it. After this I then went to lightroom and started to mess around with the contrast and the overall vibrancy if the image that I and taken until I thought it looked nice enough to put grain on it. With all that done all I did was use the CMD + C and CMD + V to copy and paste the grained title and double it up to give it a nice effect. All I had to do after this was add the man down symbol to the corner and my first final piece was done.







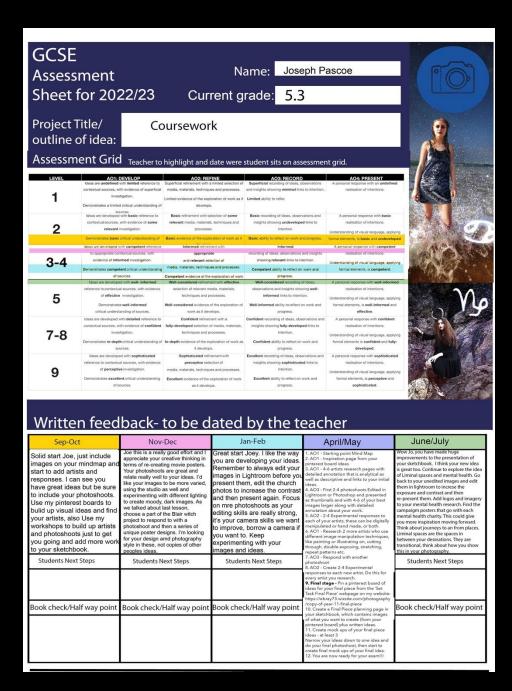






#### My Mock exam grade

Today I got back my grade for my mock exam, and I ended up getting a 5.3 which is very cool. There were no negative things said about my work but there are a few things that were said that can be improved. What I need to focus on is my liminal space ideas and how I ca link that to mental health.



#### Liminal space and mental health

After the mock exam had been completed, I now must decide what I want to do form this point forward. After looking through my sketchbook I have determined that I didn't really do too much with the idea of liminal space, due to the mock exam. I sat there thinking about what I could do to incorporate this into my video, and I have concluded that I am going to do a video based on not only liminal space but incorporate mental health into it as well. The true definition of something that is liminal is a transitional space so I will have to think of a way of linking mental health into the mix as well. To get an idea of how these companies do their advertisements









# Beach photos





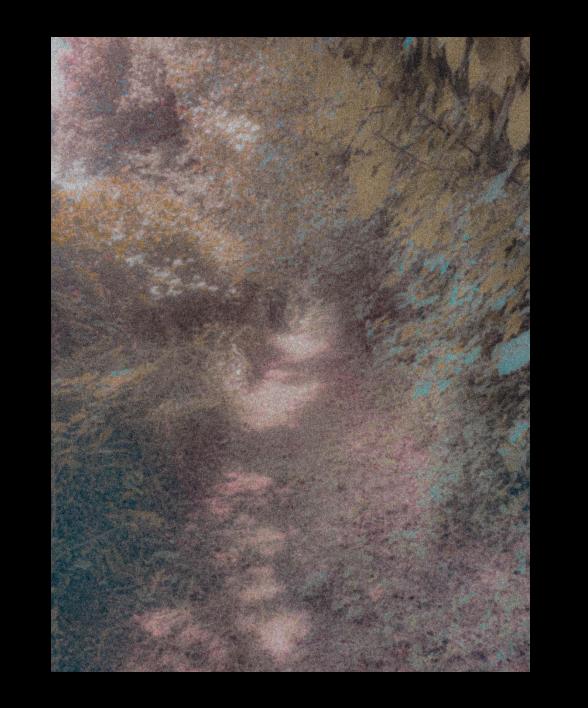










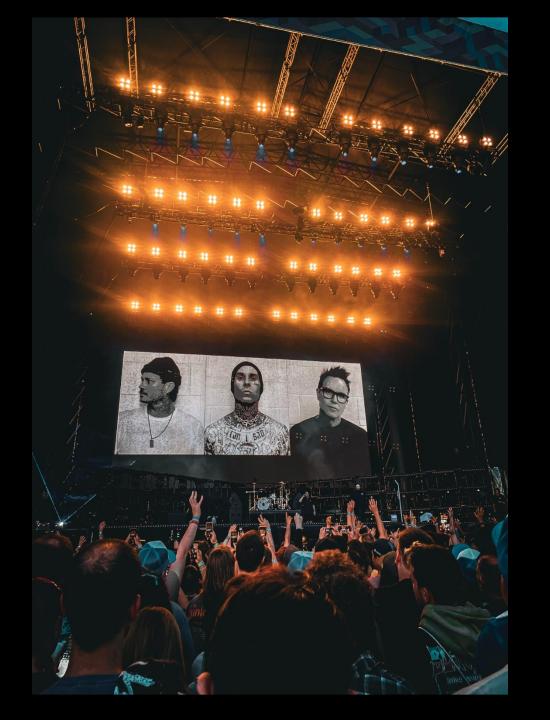




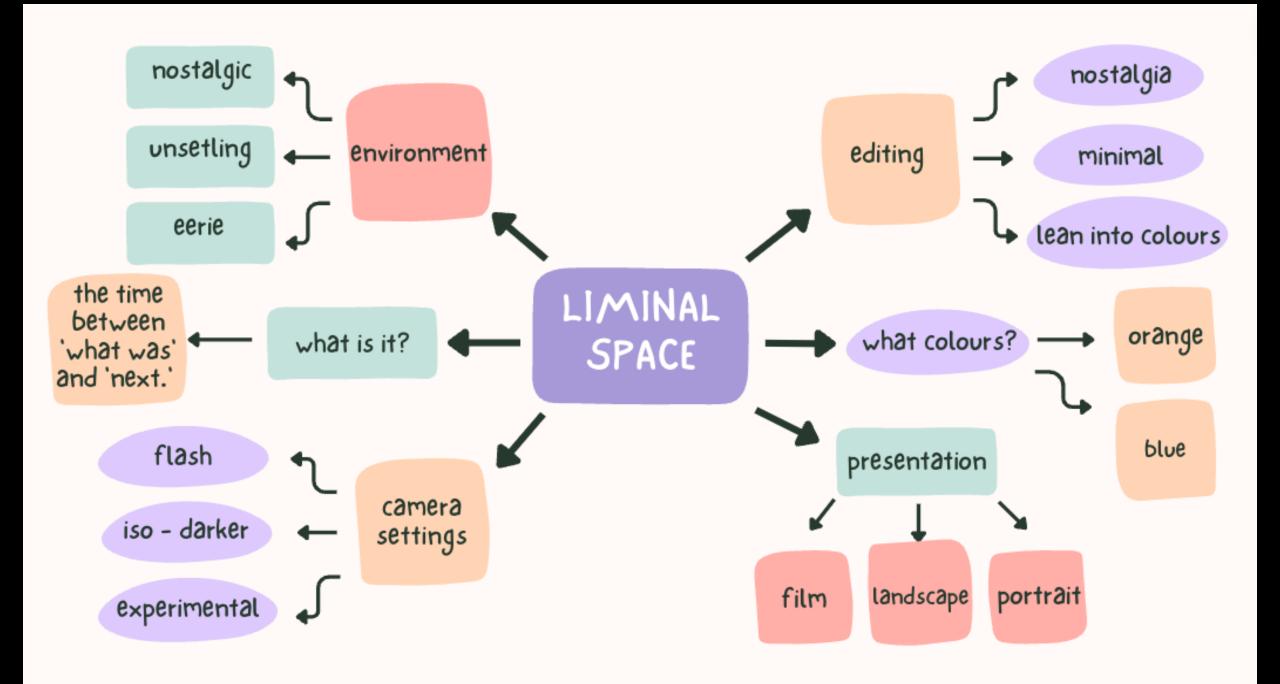












#### Todd hido

Todd Hido is a San Francisco Bay Area-based artist whose work has been featured in Artform, The New York Times Magazine, The Face and I-D amongst others. His work features places from his childhood that have haunted him, and he is trying to tell a story by using nothing but his camera. What I really enjoy about his work is how he edits his photos. He edits in a way to make you feel something that you can't quite put your finger on. What I'm going to do in response to Todd's work is I'm going to take a photoshoot in response to his photos and how his work makes me feel.

















## Todd hido: inspired photoshoot















I have responded to my research with a photoshoot inspired by Todd Hido by taking a photo that looks eerie and out of place. I like these photos the most because of how they really encapsulate the unsettling



#### Liam Kimmons

Liam Kimmons is an award-winning photographer who specializes in taking photos that look eerie and "liminal". He takes some awesome photos, and he seems to like implicating color composition making his photos look out of this world and appealing to the eye. I really like his photography, and I will take a photoshoot that will be inspired by his work. What you seem to notice about his photos Is that his photos are just being taken in normal looking areas, it's the color that really seals the deal so I will be taking a normal photoshoot and using color to make it look nice.









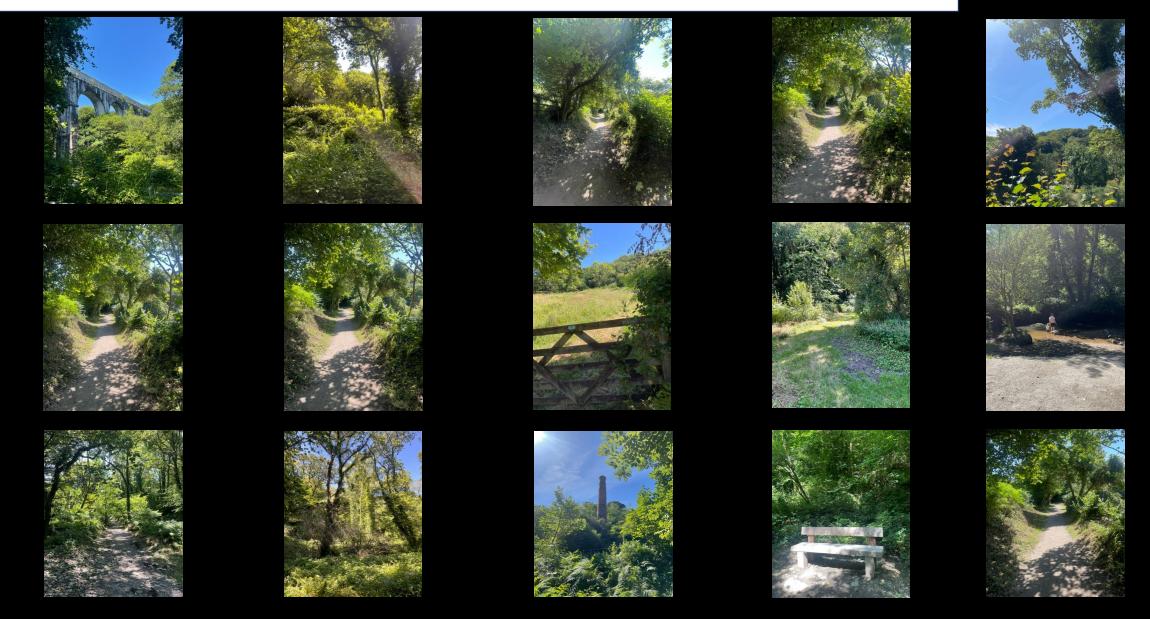








### Liam Kimmons: inspired photoshoot

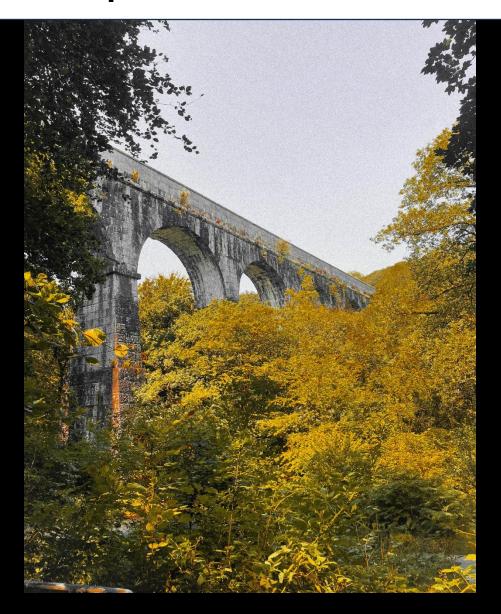






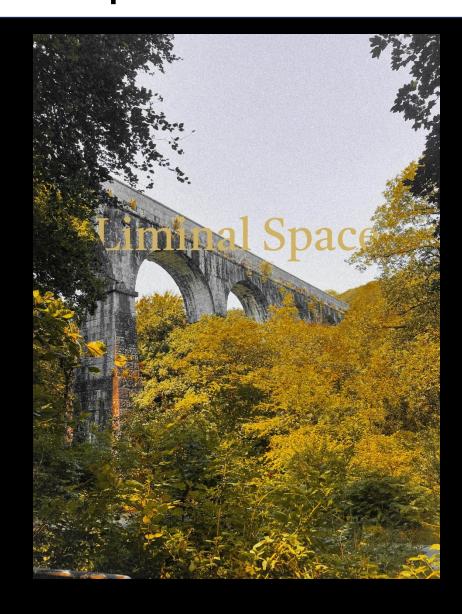
I have taken a photoshoot for a Liam Kimmons inspired photoshoot/editing. I have highlighted these photos because I think that they have the most potential. I will be editing these with color composition in mind and hopefully it look nice

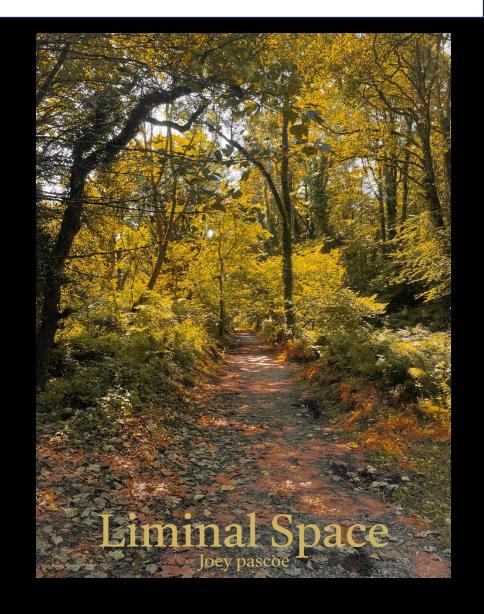
Edited photos: Liam Kimmons





#### Edited photos with title: Liam Kimmons





#### Experimenting with double exposure







#### Teacher feedback

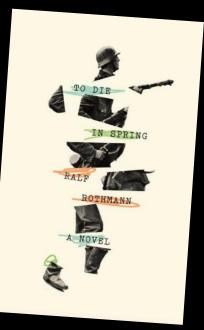
Joey - your recent photoshoots are good, keep taking photos wherever you are. The Caroline Lefley experiment works well. I want you to think about and plan your final piece. What will it be, how will it look, what will its purpose be? All of this will help you to work out what new images you need to take. Think about how liminal spaces are transitional, and can represent part of a journey to somewhere more positive:

## Final piece

I have had a lot of time to think about what I want to do for my final piece and how to incorporate liminal space and mental health and I have finally concluded on what I want to do and how I'm going to do it.as I sat there for ages I was thinking that liminal space is a thing very much associated with mental health with people feeling as though they are stuck in this horrible mind state that they can't escape. Liminal space is commonly referred to "a transitional space" and that's where I produced the idea of a zine to help people transition from these states to feel like they can be themselves again. With this zin, it will include scenarios like how to deal with grief, depression and things of that sort and I will be using my own personal experiences and those around me to help with how they overcome their challenge. I feel like by creating this will be able to help not only those suffering with these problems, but also people who don't know about these problems. I will start by researching the effects of all these challenges and start to make mockups of all my pages

#### Artist research: zine ideas









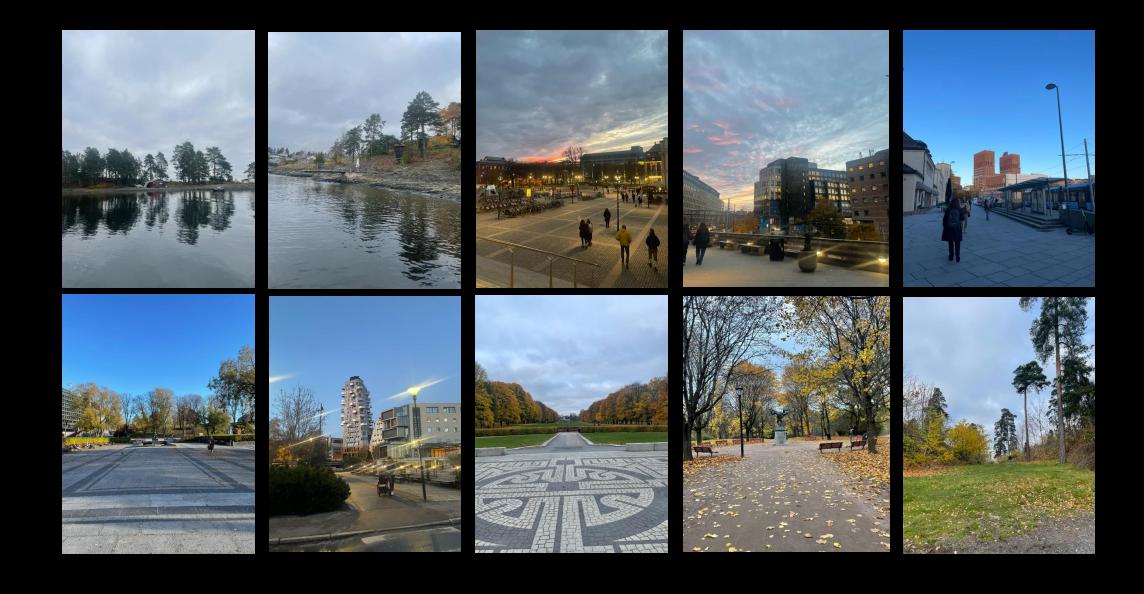








## Final piece: inspired photoshoot























#### Artist research: depression

Depression is a mental health condition that can be described as "feelings of severe despondency and dejection" but you can't put the feeling into words. I have gathered some information from people who I will be keeping anonymous on what depression feels like for them. When going through depression, you feel as though nothing can get better and you will stay in this state forever, and for them the feeling was very hard to describe. When going through day-to-day life it feels as though you are in a constant bad dream. And what is the most important thing is that they felt as though they had to put a smile on. Now ways that you could possibly try to do that would work, the most important thing is to tell people how you feel, people may be embarrassed but it helps so much more than you could imagine. Just start small, for most it can feel like a burden having to get out of bed or take a shower but if you make that your goal for the day, the sense of accomplishment you will feel may motivate you to try again.

## Depression: Mock up







# Depression: final piece

To start my first design, I had to think what I was aiming to create as a device to help those in need and a way to do this sensibly as it Is a very serious topic. After some thinking I aimed for a more minimalistic design, so I opened a new file on photoshop and got to work.to start with I inserted an image that I had previously edited and double exposed it to get the color to be more muted. After this I then used the shape tool and created a white background. Then I used text tool and wrote "depression", because I then "quick select" the text and erase it so that my image would be peaking out again. Now that the general design had been completed, I added the text on how to deal with depression, based on my own experiences and those around me, so that I could complete the first design.

# Depression is the most common form of mental health Personal Common form of mental health Pers Depression is a mental health condition that can be described as "feelings of severe despondency and dejection" although we may never understand fully how this can affect the human brain, there are many a ways to help feel yourself again and to finally feel better, the number one thing that you NEED to do is speak out and tell someone how you feel as that is one of the most best things that you can do to help yourself

### Artist research: Anxiety

Anxiety is a mental health condition that is described as a feeling that occurs when you are "worried, tense or afraid". I have yet again gathered some information to describe how this feels and what you can do to help yourself to feel better about yourself and to help embrace your problems. One simple way in which you can help yourself without the use of medication is just to take some breaths or, perchance to start meditating or doing something to calm yourself without the use of an external medication. Reducing the use of external help and medication here is more useful to those who struggle as they don't have to be diagnosed properly for what they are going through.

# Anxiety: final piece

Now for my second design I decided to cover anxiety as I had just produced an interesting idea. To start I found a picture of my hand that I would be using and inserted it into a new photo shop file. By using the "select - Subject" command I cut out the background of my hand to get rid of the excess things in the back. I then decided to add my title and text this time opting for a new font and a baby blue color palate. Now this was done I could focus on the actual design and so I then added an image I had taken from when I had visited norway and with some careful use of the quick selection tool, made it fit onto my hand. At this point, I was almost done but I knew I could add something more to spice up the design. That thing just so happened to be some baby blue shapes and with that the second design was finished

#### **Anxiety**

anxiety is the condition that is commonly described as a feeling that occurs when you are nervous, tense or afraid but again people will never understand it unless they themselves have been through it. Again, it is a simple yet affective way of dealing with this in which you should take a step back and breathe.

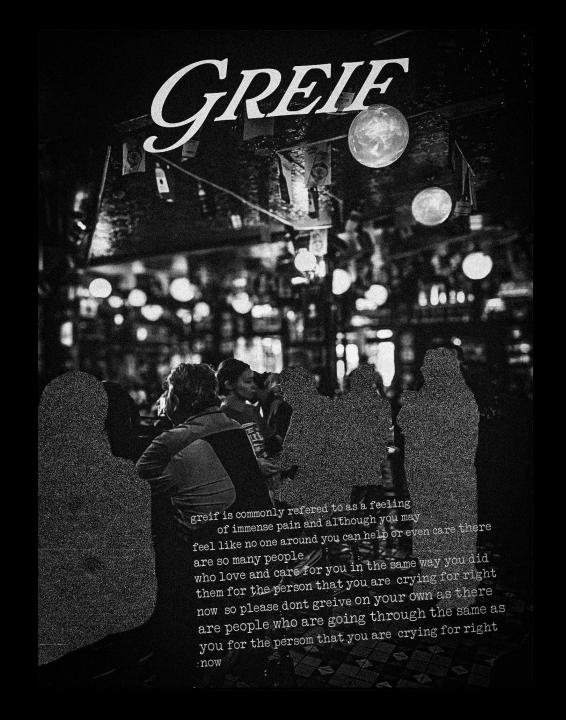


#### Artist research: Greif

Greif is commonly referred to as "a feeling of immense pain and sorrow" and many people around the world struggle through this throughout their life and it can even lead to thoughts of suicide and further struggles thoughout your time of grief and pain. The most important thing to do during this time is to be around those that you love as although it may not feel like it at this moment, they care more than you could even imagine and may even be going through the same feelings as you. So, if you are going to do anything you NEED to talk and not neglect those who love and care for you

# Greif: final piece

For my third design I had produced an idea that I would put into one of my final pieces. When someone if suffering through grief, it's often hard to understand that other people have been through the same thing, so I incorporated this into my final design. To start I opened a new file on photoshop and then I inserted a picture that would suit my new plan. The plan was to use the quick selection tool (W) to cut out the people and then put a grain over them. After I had done this, I did the same with three other people and it turned out looking really good. After this I then wrote some information on how to deal with grief and added a black and white filter. I then added some grain in lightroom, and the final product ended up looking exactly how I pictured it.

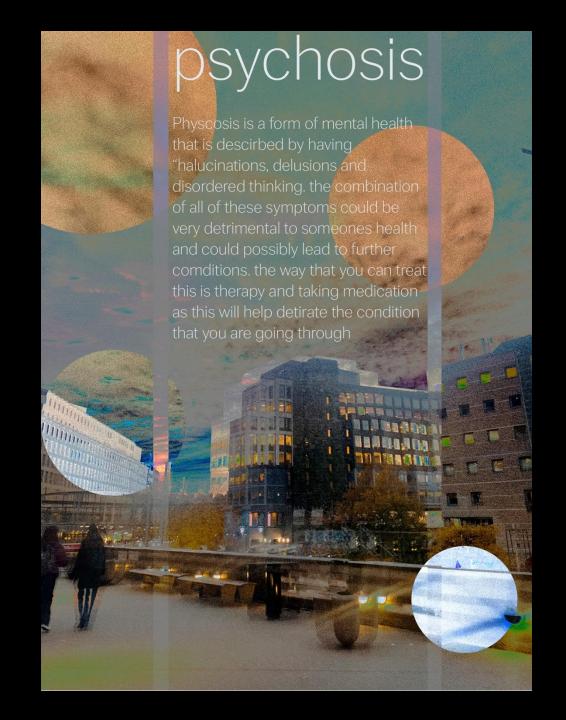


## Artist research: Psychosis

Psychosis is a term for mental health that is often described as being a collection of symptoms that affect the mind, where there has been loss of contact with reality. If you are experiencing symptoms of psychosis, then the best thing for you to do is to seek further treatment such as therapy or some kind of medication or phycological therapy like CBT (cognitive brain treatment) another important treatment could be family interviews, so that they can gain a relative understanding of what you are going through and can seek to help you through this.

# Psychosis: final piece

Now nearing the final half of my final pieces, I decided to cover psychosis as I felt this form of mental health goes less noticed as the others. To bring my idea to life I opened up a photoshop file and inserted an image that I desired and began to work my idea into life. What I first did was copy and paste my photo again using CMD C + CMD V and then I double exposed my image to create this new look that I thought looked really cool. After this I then create a new layer between and then after putting some shapes in between the layers, It made it look very futuristic. After this I then used a simpler typeface as I didn't want the font to be the main focus, then after adding some information, it was finally finished.

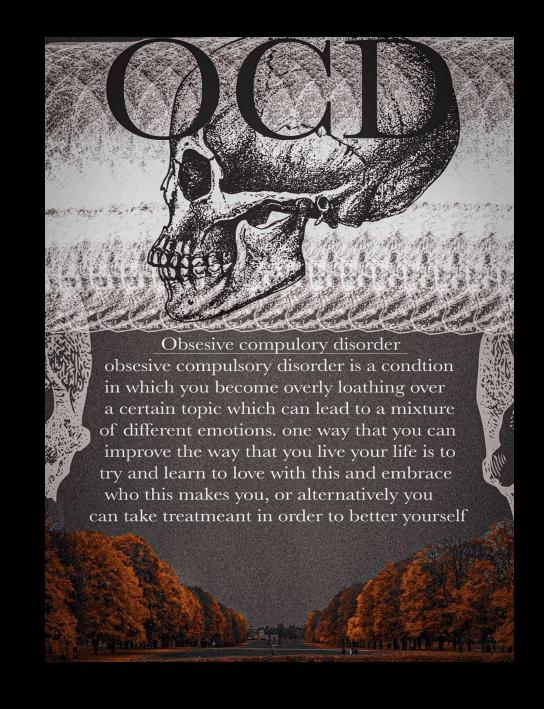


#### Artist research: OCD

OCD is a medical condition that is characterized by re current, unwanted thoughts and repetitive behaviors one of the ways you can treat this is just to learn to be comfortable with who you are and embrace the fact that this is who you are, but although I understand that some people may not feel as though they want to do this, In which case you can take some medication to help treat the condition.

#### OCD: final piece

For my second to last final piece, I decided to do it about OCD, and I had produced a brilliant idea that I wanted to go into this final piece. To start I opened a new folder on photoshop and inserted a photo that I had edited before in lightroom. Then, using the select - subject command I had cut the trees out and put them at the bottom of the design. I then found and used a skull brush as I thought that it would elevate my design and to link it with the idea of OCD, I lined them up as perfectly as I could. I then put one final skull at the top but this time I colored it black so that it stood out. I then added my information and took the design back into lightroom and it was ready to preset



#### Artist research: Loneliness

Loneliness is a feeling that occurs when we have a need for social contact and relationships are not met. one simple way of solving this would be to simply get yourself out there and try to socialize, although this may prove tricky to some. another way to solve this would be to go through extensive self-care and working on ones self to feel better

# Ioneliness: final piece

For my last final piece, I decided to tackle loneliness, which Is a very prevalent issue. I opened a new photoshop file and inserted a photo that I had edited previously. After using the select - subject command, I managed to separate the background from the image. After this I used the shape builder tool and created a rectangle that I would place as my background. After this I then used the brush tool and inserted a brush I had of the moon in the middle of my design. After this I added some information and took it to lightroom to edit further. In lightroom, I made the orange of the lights pop and turned up the exposure to make the moon look brighter. And just like that my zine had been completed.

#### LONELINESS LONELINESS IS OFTEN DESCRIBED AS A FEELING OF THE FEELING WE HAVE WHEN OUR NEED FOR SOCIAL CONTACT AND RELATIONSHIPS ISNT MET THIS FEELING IS COMPLETLY NORMAL AND THERE MANY DIFFERENT WAYS TO COMBAT THIS SUCH AS GOING TO A PUBLIC PLACE AND LOOKING FOR SOMEONE TO FIND AND TALK TO

#### Zine



GCSE

Assessment

Name: Joseph Pascoe

Sheet for 2023-2024 Current grade: 6.2

Project Title/ outline of idea:

Coursework

Assessment Grid Teacher to highlight and date were student sits on assessment grid.

| LEVEL | AO1: DEVELOP  | AO2: REFINE   | AO3: RECORD  | AO4: PRESENT   |
|-------|---|---|--|--|
| 1     | ideas are undefined with limited inference to<br>contentual sources, with evidence of superficial<br>investigation.<br>Democrativities a limited driftical understanding of<br>securities.      | Superficial refinement with a limited selection of<br>media, materiate, techniques and processes.<br>Limited evidence of the exploration of work as it<br>develops.           | and insights showing minimal links to intention.   | A personal response with an undefined<br>realisation of interions.  Livide-standing of visual language, applying<br>famual elements are limited and superficial.         |
| 2     | Ideas are developed with basic reference to<br>contextual sources, with evidence of some<br>relevant investigation.  Demonstrates basic critical understanding of                               | Basic refinement with selection of some<br>relevant media, materials, techniques and<br>processes.  Basic evidence of the exploration of work as it                           | Basic recording of ideas, observations and<br>insights showing underweloped links to<br>intersion.  Basic ability to reflect on work and progress.               | A personal response with basic<br>realisation of intentions.  Understanding of visual language, applying<br>formal elements, is basic and undeveloped.                   |
| 3-4   | Ideas are developed with competent reference<br>to appropriate contentual sources, with<br>evidence of informed investigation.<br>Demonstration competent critical understanding<br>of sources. | Informed refinement with appropriate and relevant selection of media, materials, techniques and processes.  Competent endance of the exploration of work.                     | Informed recording of ideas, observations and insights showing relevant links to intention.  Competent ability to reflect on work and progress.                  | A personal response with competent realisation of intentions.  Lindenstanding of visual language, applying formal elements, is competent.                                |
| 5     | Ideas are developed with well-informed<br>reference to contextual sources, with evidence<br>of effective investigation.   | Well-considered refraement with effective<br>selection of relevant media, materials,<br>techniques and processes.   | Well-considered recording of ideas,<br>observations and insights showing well-<br>informed links to intention.   | A personal response with well-informed<br>realization of intentions.   |
| 3     | Demonstrates well-informed<br>shiftest understanding of sources.  | Well-considered evidence of the exploration of work as it develops.   | Well-informed ability to reflect on work and progress.   | tornal elements, is well-informed and effective.   |
| 7-8   | Ideas are developed with detailed reference to<br>contextual assesse, with evidence of coefficient<br>investigation.<br>Demonstrates in-depth critical understanding of<br>sources.             | Confident refreement with a<br>fully-developed celection of media, materials,<br>techniques and processes.  In-depth-evidence of the explosition of work as<br>it develops.   | Coefident recording of ideas, observations and<br>insights showing fully-developed links to<br>intertion.  Coefident ability to reflect on work and<br>progress. | A personal response with conflident<br>realisation of intentions.  Undenstanding of visual language, applying<br>formal elements is conflident and fully-<br>developed.  |
| 9     | Ideas are developed with eaphieticated<br>reference to contentual sources, with evidence<br>of perceptive investigation.  Demonstrates excellent critical understanding<br>of sources.          | Sophisticated refinement with<br>perceptive selection of<br>media, materials, the horizons and processes.<br>Excellent evidence of the exploration of work<br>as it develops. | Excellent recording of ideas, observations and<br>insights showing apphiaticated links to<br>intention.  Excellent shelly to reflect on work and<br>progress.    | A personal response with exphisticated<br>sealisation of intentions.  Understanding of visual language, applying<br>formal elements, is perceptive and<br>sophisticated. |

#### Written feedback- to be dated by the teacher

| Sep-Oct                   | Nov-Dec  | Jan-Feb                   | April/May                 | June/July                 |
|---------------------------|--|---------------------------|---------------------------|---------------------------|
|                           | keep exploring the different<br>ypes of Mental Health<br>ssues to add to your final<br>zine. Choose editing styles<br>from my pinterest boards for<br>inspiration. Add real peoples<br>experiances and add a<br>Mental Health charity<br>research page to link your<br>zine to (e.g. Mind, Young<br>Minds). Ensure all pages are<br>finished and all work is<br>presented and<br>annotated/evaluated |                           |                           |                           |
| Students Next Steps       | Students Next Steps  | Students Next Steps       | Students Next Steps       | Students Next Steps       |
| Book check/Half way point | Book check/Half way point  | Book check/Half way point | Book check/Half way point | Book check/Half way point |